

iThemba Clinic is a rehabilitation centre for voluntary admission to treat dependency problems.

## **CRITERIA FOR ADMISSION IN THE iThemba IN-PATIENT UNIT**

### **ADMISSION CRITERIA**

- Referrals by social workers
  - Referrals from court (committals)
  - Means test for admission to be developed
  - Referrals by social workers or other professionals to be accompanied by background report for the client
  - A designated official will be responsible for intake before admissions.
1. The applicant must have a dependency problem; this includes alcohol, over the counter medication as well as prescription medication, illegal drugs, gambling, and sex.
  2. The applicant has to be 18 years or older.
  3. The Applicant has to be admitted voluntarily; in other words, a person must be willing and knowingly admit him/herself for rehabilitation treatment.
  4. The person must be committed and motivated to receive treatment.
  5. The person must be orientated regarding time, date, and place in order to be admitted, and be willing and able to sign the required forms.
  6. Admission is available to all suitable patients irrespective of their race, ethnicity, gender, culture, ideology, political or religious beliefs, sexual orientation, language, and HIV status.
  7. The applicant has to be physically and mentally able to participate in the treatment program.
  8. Patients whose medical condition is assessed as being unstable will be transferred for medical treatment and re-admission will only be done with a medical report from the attending doctor.
  9. Patients having a dual diagnosis (dependency and psychiatric problem) will only be admitted if their psychiatric condition is stable and a report is obtained from the attending psychiatrist.
  10. Admission times are weekly from, Monday to Friday between 08:00 and 15:00. No admissions will be done over weekends, unless prior arrangement is made with the Supervisor and the doctor.
  11. The patient must accept and obey the clinic's programme (medical and therapeutically) in full, including the rules, regulations, security arrangements and financial obligations.
  12. The patient's family must be willing to take responsibility for all personal requirements/needs during the patient's stay in the clinic.
  13. The clinic does not get involved in any legal matters. Patients will not be allowed to attend court cases during their treatment programme. Any pending court cases must be remanded until after discharge (or attempts made). Information on any court cases must be disclosed on admission.
  14. People on a medical aid do not qualify for any service offered by the clinic, free of charge