



According to the Minimum Norms and Standards Document of the Department of Social Development, an individual developmental treatment plan (IDP) must be drawn up for each client admitted to iThemba Clinic Alcohol & Drug rehabilitation

For that reason an extensive Care Plan indicating the supportive involvement of all relevant parties is needed.

Please fax the completed Care Plan through together with your psycho – social report and the medical certificate

CARE PLAN INFO IDP

NAME: _____

DATE: _____

A. In patient support whilst in the Clinic:

- 1. To what extent is the referral Social Worker prepared to participate in joint sessions arranged by the social worker of the Clinic should she/he arrange it?

- 2. To what extent will the family of the patient be prepared to participate in joint sessions arranged by the social worker of the Centre should she/he arrange it and who will it be?

- 3. Other support groups or people who may participate in joint sessions arranged by social worker of the Centre should she/he arrange it.

B. AFTER CARE

1. What kind of aftercare or support service will be available for the patient after his/her release from the centre?

2. Do the patient and his family; understand the importance of attending or being involved in aftercare services? Are they prepared to attend it?

C. OTHER ASPECTS

- D. Please discuss the contents of the Care Plan with the prospective client and his/her family or support group.

Signature of the client: _____

Date: _____

Signature of Social Worker: _____

Date: _____